

# WOMEN'S MONTHLY HOLISTIC Ketamine Assisted Psychotherapy (KAP) Group

## SECOND SUNDAY OF THE MONTH IN MALIBU

Facilitated by Dr. Cheryl Santiago-Venture & Dr. Melanie Argo

Research has shown that ketamine assisted psychotherapy (KAP) can help rewire the brain, creating new neural pathways for mental and emotional health. The experience can be even more powerful in a supportive group setting.

Our intention is to hold a safe relational space for healing, connection & inner exploration. The therapeutic approach is trauma-informed, integrating somatic modalities, parts work, spirituality, EMDR & creative arts practices.

### GROUP INFORMATION:

- Fee: \$400 per monthly gathering
- Schedule: 10AM-2PM (last hour is optional)
- Agenda: group connection, preparation, ketamine journey, lunch (brought by attendees), group processing & integration
- Participants can join as often as desired

Recommended: 50 minute virtual group integration session held two days after the ketamine journey group - \$50

### SESSIONS REQUIRED BEFORE ATTENDING FIRST GROUP:

- 50 minute intake with therapist (in-person or virtual) - \$150
- 50 minute intake & sublingual ketamine tablets RX through Journey Clinical (virtual) - \$335
- 50 minute group preparatory meeting held one week before ketamine journey (virtual) - \$50

**Total investment: \$985**

Aetna insurance accepted for intakes & individual sessions  
Individual sessions between KAP groups can be discussed as part of treatment plan

Location: 21223 Pacific Coast Highway, Malibu, CA 90265  
(approximately 15min. drive from Santa Monica)

Please contact us if you are interested in attending or would like more information:



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